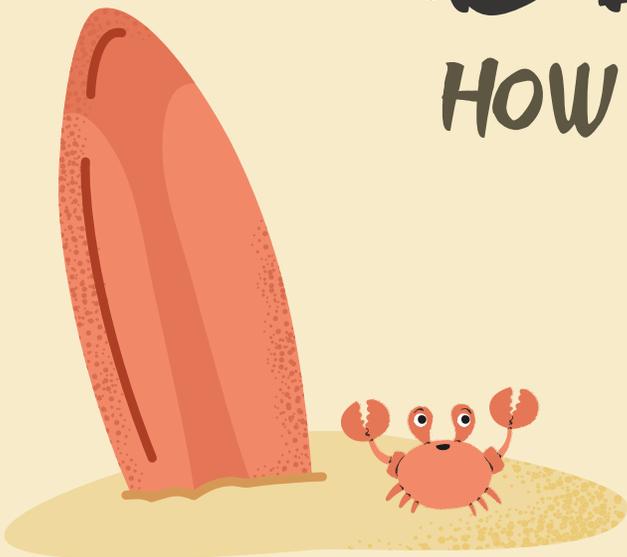




ABLUTION

HOW TO MAKE IT



IMPORTANT INFORMATION BEFORE MAKING ABLUTION

**1 : The water has to be clean
not impure**

**2 : The ABLUTION must to be
done in order, not just random
movements**

**3 : Form the intention for
ABLUTION in your heart without
verbally expressing it**

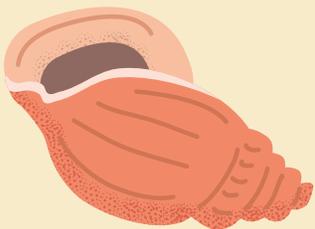


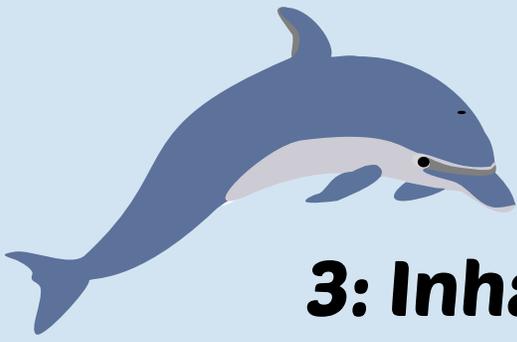
1 : Start with rinsing your both hands till your wrist three time





**2: Rinse your mouth
and then spit the
water out “3 times”**





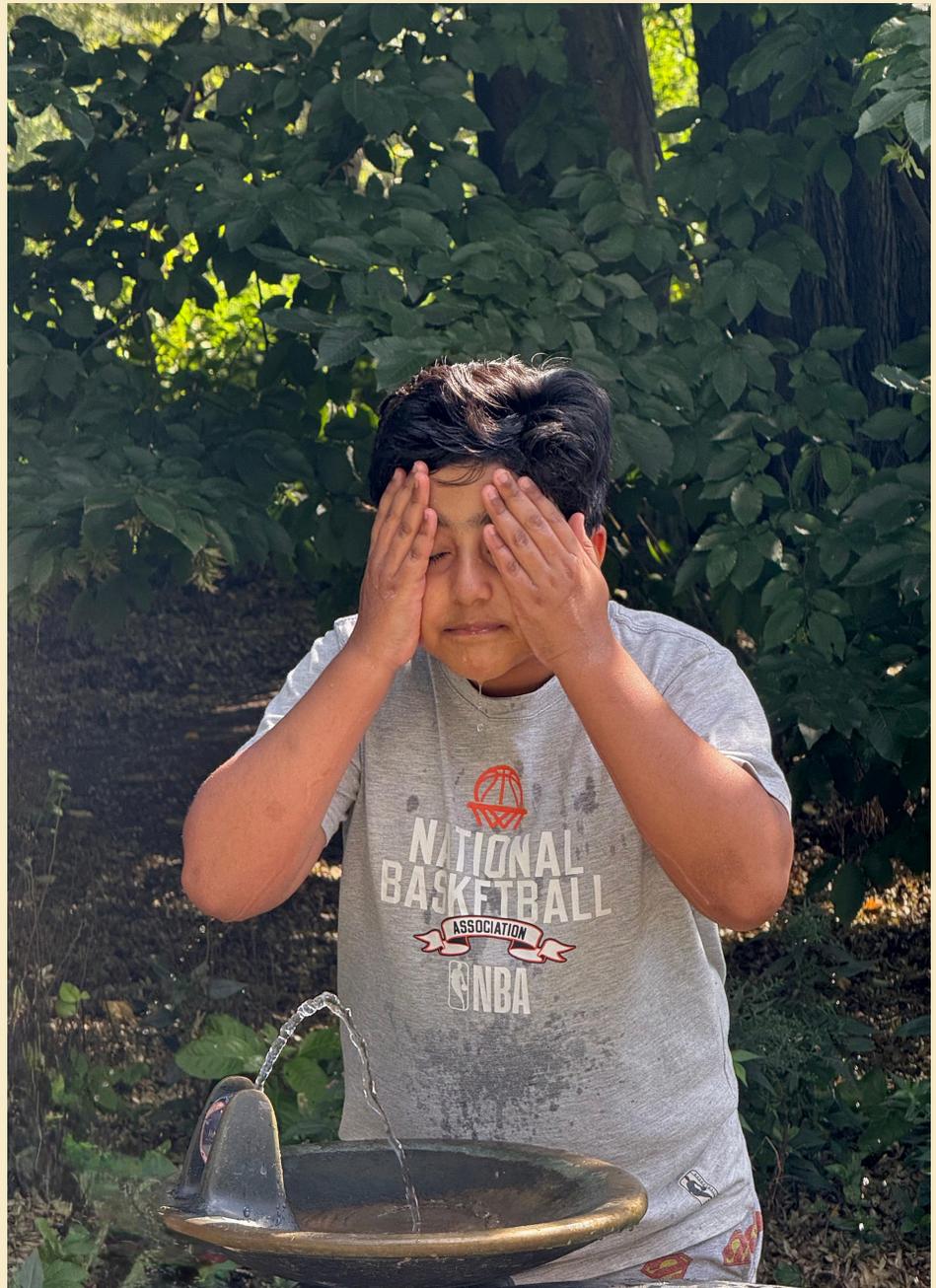
3: Inhaling water into the nose and expelling it “3 times”



This one is with your left hand



4 : Washing the face “3 times”



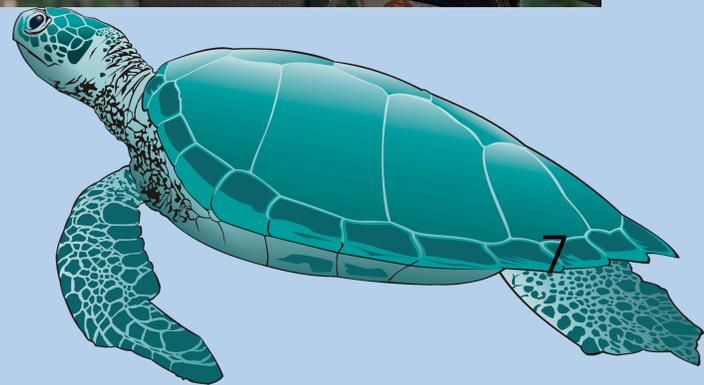
Remember: you have to include the hairline to the chin , and from ear to ear

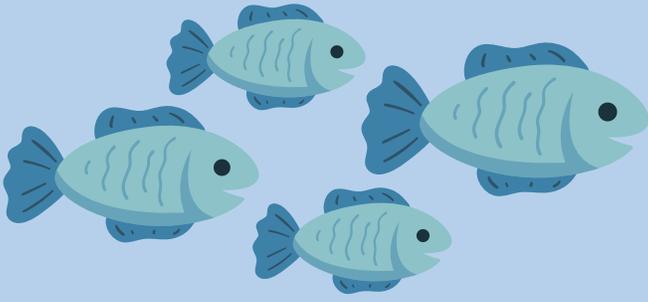




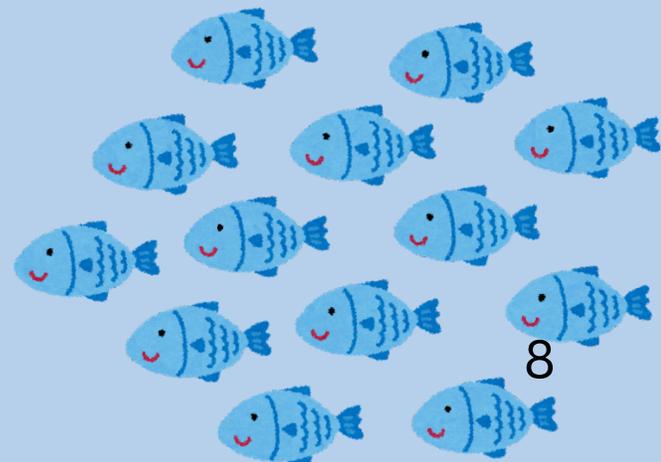
5 : Washing each arm up to the elbow "3 times"

Right Arm > Left Arm





6: Wiping the head once “back and forth”



7: Wiping the ears just once





**Finally : Washing
each foot up to the
ankle “3 times”**

Right foot > Left foot

